

OCTOBER
2026

ACTIVITIES & EVENTS
WEEKLY SCHEDULE

			THURSDAY 1ST	FRIDAY 2ND	SATURDAY 3RD	SUNDAY 4TH
				FRUITY FRIDAY		
			9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE IN THE LOUNGE
			10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME
			11.30AM HAPPY HOUR IN THE LOUNGE & ROOMS	11.00AM CHURCH SERVICE IN THE LOUNGE	10.00AM GAMES IN THE LOUNGE	11.00AM BALLOON TENNIS IN THE LOUNGE
			2.00PM 1-TO-1 ROOM VISITS	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE
			2.30PM FLOWER ARRANGING IN THE LOUNGE	2.30PM FRIDAY QUIZ IN THE LOUNGE	3.00PM AFTERNOON FILM	2.00PM MUSIC IN THE LOUNGE

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OCTOBER
2026

ACTIVITIES & EVENTS
WEEKLY SCHEDULE

MONDAY 5TH	TUESDAY 6TH	WEDNESDAY 7TH	THURSDAY 8TH	FRIDAY 9TH	SATURDAY 10TH	SUNDAY 11TH
MILKSHAKE MONDAY	SMOOTHIE TUESDAY			FRUITY FRIDAY		
9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE
10.00AM 1-TO-1 TIME	9.45AM LISA THE HAIRDRESSER	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME
10.00AM MUSIC IN THE LOUNGE	10.00AM 1-TO-1 TIME	11.00AM SCRABBLE IN THE COFFEE BAR	11.30AM HAPPY HOUR IN THE LOUNGE & ROOMS	11.00AM CHURCH SERVICE IN THE LOUNGE	11.00AM FLOWER ARRANING IN THE LOUNGE	11.00AM MUSIC IN THE LOUNGE
12.00PM EXERCISE	11.00AM MANICURES	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE
2.00PM MARIA THE BELLYDANCER IN THE LOUNGE	2.00PM HALLOWEEN CRAFTS IN THE LOUNGE	2.00PM BIRDS OF PREY IN THE LOUNGE	2.30PM MONTHLY BINGO IN THE LOUNGE	2.30PM WORD GAMES IN THE LOUNGE	3.00PM AFTERNOON FILM	3.00PM AFTERNOON FILM

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ACTIVITIES & EVENTS
WEEKLY SCHEDULE

MONDAY 12TH	TUESDAY 13TH	WEDNESDAY 14TH	THURSDAY 15TH	FRIDAY 16TH	SATURDAY 17TH	SUNDAY 18TH
MILKSHAKE MONDAY	SMOOTHIE TUESDAY			FRUITY FRIDAY		
9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE
10.00AM 1-TO-1 TIME	9.45AM LISA THE HAIRDRESSER	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME
11.00AM DANIEL BREWERTON IN THE LOUNGE	10.00AM 1-TO-1 TIME	11.00AM SCRABBLE IN THE COFFEE BAR	11.30AM HAPPY HOUR IN THE LOUNGE & ROOMS	11.00AM CHURCH SERVICE IN THE LOUNGE	10.30AM GAMES IN THE LOUNGE	11.00AM MUSIC IN THE LOUNGE
12.00PM EXERCISE	11.00AM MANICURES	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE
2.30PM CARPET BOWLS IN THE LOUNGE	2.30PM PLAY YOUR CARDS RIGHT IN THE LOUNGE	2.30PM MUSICAL BINGO IN THE LOUNGE	2.30PM WHAT/WHO AM I GAME IN THE LOUNGE	3.30PM TERRY'S BIRTHDAY CELEBRATIONS	3.00PM AFTERNOON FILM	3.00PM AFTERNOON FILM

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ACTIVITIES & EVENTS
WEEKLY SCHEDULE

MONDAY 19TH	TUESDAY 20TH	WEDNESDAY 21ST	THURSDAY 22ND	FRIDAY 23RD	SATURDAY 24TH	SUNDAY 25TH
MILKSHAKE MONDAY	SMOOTHIE TUESDAY			FRUITY FRIDAY		
9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE
10.00AM 1-TO-1 TIME	9.45AM LISA THE HAIRDRESSER	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME
11.00AM HOLY COMMUNION IN THE COFFEE BAR	10.00AM 1-TO-1 TIME	11.00AM SCRABBLE IN THE COFFEE BAR	11.00AM HAPPY HOUR IN THE LOUNGE & ROOMS	11.00AM CHURCH SERVICE IN THE LOUNGE	10.00AM GAMES IN THE LOUNGE	11.00AM BALLOON TENNIS IN THE LOUNGE
12.00PM EXERCISE	11.00AM MANICURES	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE
2.30PM WORD GAMES IN THE LOUNGE	1.45PM TRIP - GARDEN CENTRE	2.30PM FARM BINGO IN THE LOUNGE	2.30PM HANNAH THE SINGER IN THE LOUNGE	2.30PM KARAOKE IN THE LOUNGE	2.00PM MUSIC IN THE LOUNGE	3.00PM AFTERNOON FILM

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ACTIVITIES & EVENTS
WEEKLY SCHEDULE

MONDAY 26TH	TUESDAY 27TH	WEDNESDAY 28TH	THURSDAY 29TH	FRIDAY 30TH	SATURDAY 31ST	
MILKSHAKE MONDAY	SMOOTHIE TUESDAY			FRUITY FRIDAY		
9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE IN THE LOUNGE	9.45AM ACTIVITIES TABLE	9.45AM ACTIVITIES TABLE	
10.00AM 1-TO-1 TIME	9.45AM LISA THE HAIRDRESSER	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	10.00AM 1-TO-1 TIME	
12.00PM EXERCISE	10.00AM 1-TO-1 TIME	11.00AM SCRABBLE IN THE COFFEE BAR	11.00AM HAPPY HOUR IN THE LOUNGE & ROOMS	11.00AM CHURCH SERVICE IN THE LOUNGE	10.00AM GAMES IN THE LOUNGE	
12.30PM MUSIC IN THE LOUNGE	11.00AM MANICURES	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	12.00PM EXERCISE	
2.30PM DAVID & HIS ACCORDIAN IN THE LOUNGE	3.30PM ROY'S BIRTHDAY CELEBRATIONS	2.30PM MUSIC BINGO IN THE LOUNGE	2.30PM NAME 10 GAME IN THE LOUNGE	3.30PM HALLOWEEN TEA IN THE LOUNGE	2.30PM SING-ALONG IN THE LOUNGE	
	3.30PM QUIZ IN THE LOUNGE					

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