



OCTOBER 2024
Monthly Newsletter

HOME UPDATE



Although we are well into autumn now, we are still taking every opportunity we can to get out in the fresh air and enjoy nature.

During October, we also had some musical afternoons, with Elvis (Denny), Chris, and a singalong with Paul.

We held a halloween themed community afternoon tea, a halloween happy hour and ended the month with a 'Strictly' Dancing afternoon with Simon from 'Best Foot Forward'

↓ In this newsletter you will find:

News from our October activities, trips & things to look forward to in November!



Gardening Club

GREEN FINGER RESIDENTS

In the past weeks residents have planted several pots with daffodil, hyacinth, and tulip bulbs. These are waiting patiently in the garden, preparing to burst forth with colour in Spring. These pots were supplemented with further pots, planted by the residents with pansy plugs which, together with the bulbs, should provide a colourful display just outside the lounge windows.



In the New Year we will start sowing vegetable seeds, broad beans, peas, tomatoes, sweet peas, and cabbages. We also have a flourishing strawberry bed. Residents are encouraged to browse on the fruit and veg as they like. We do not grow to provide for Moor House, our raised beds are too small for that, but some of the produce (leeks, cabbage, beetroot, carrots etc) has been used in the kitchen.

Some residents like to weed the raised beds, which is a great help. We have also planted out a (raised) herb bed which the kitchen staff are free to use in their cooking.

Musical Entertainment

ROCKIN' & ROLLIN' WITH THE KING

We couldn't resist taking a photo of Elvis when he left the building! Before that we had a great afternoon with Denny as Elvis, as well as dancing, we sang along to our favourite songs.



Later in the month, we had another great afternoon with Chris Clarke. Everyone was dancing, seated as well as several on their feet.

At the end of October, we had a Singalong with Paul the pianist, and everyone sang the songs from musicals.



Halloween

PUMPKINS & DECORATIONS

It was great to see so many visitors join us for our Halloween 'Moor Teas' this month. Residents prepared the decorations, and Alan and Sally made sure we had a lovely spread.

We also had a Halloween Happy Hour and served green and purple drinks to those who were brave enough to give them a try. And of course, it wouldn't be Halloween without 'Monster Mash' being played on Alexa.



Reminiscence

A TRIP DOWN MEMORY LANE

We spent an interesting afternoon looking through a reminiscence box, borrowed from Chertsey Museum. For October, we chose the clothing box and as we looked through the box, many items brought back memories. Our residents couldn't resist trying on the bowler hats, and then we all began talking about Laurel and Hardy.

The make do and mend bag was of interest to many of our ladies too.



Nature & Pets Corner

OUTDOORS WITH FURRY FRIENDS

What a great afternoon we had when a group of residents, with Rem, Julie, and our volunteer Sue walked to the Lammas. The autumn colours on the trees were beautiful and we walked down by the river and watched the wildlife there. Rem's daughter was walking her dogs in the park, and Jean very nearly took one of the dogs back to Moor House with us. Better luck next time Jean!

At the end of October our volunteer Linda, visited us with her dog, Teddy.



Games

FUN & FRIENDLY COMPETITION

There were several games of Scrabble this month and a champion game of Jenga, building the tallest tower ever. Favourite games, table tennis, and carpet bowls were played a few times too.

As well as all our usual games, we had fun playing a beetle game. We split into three teams, and dice were hurriedly thrown as everyone tried to get a six to start drawing their beetle. And Ron was the winner finishing his beetle drawing first.

Strictly Afternoon

'BEST FOOT FORWARD' GUEST

What a fantastic afternoon we had with Simon from 'Best Foot Forward'! There were so many smiles and fab-u-lous dancing, all achieving high scores from our judges. The dancing and great music brought back fond memories to our residents.



TO COME...NOVEMBER 2024

02 NOVEMBER - POPPY MAKING

05 NOVEMBER - 1960'S AFTERNOON

06 NOVEMBER - JEAN'S BIRTHDAY TEA

07 NOVEMBER - TRIP - WEYBRIDGE GARDEN CENTRE

10 NOVEMBER - REMEMBRANCE SUNDAY

11 NOVEMBER - TRIP - GARSON'S GARDEN CENTRE

14 NOVEMBER - ANIMAL FRIENDS AFTERNOON

19 NOVEMBER - MUSICAL ENTERTAINMENT

20 NOVEMBER - TRIP - CHRIST CHURCH

22 NOVEMBER - CHIROPODIST

25 NOVEMBER - TRIP - SUPERMARKET

27 NOVEMBER - CHRISTMAS BOOTH AFTERNOON