



SEPTEMBER 2024

Monthly Newsletter

HOME UPDATE



September began with warm sunshine and we took a walk into Two Rivers Shopping Centre and enjoyed a look around the shops and of course we had tea and cake before strolling back.

We had a minibus outing to 'Hilary's Hut' a community get together at Christ Church Staines.

Along with our line dancing themed afternoon with Terry Gleed and an interesting reminiscence box borrowed from Chertsey Museum, September was certainly a varied month. And what a great way to end the month with a visit from members of the Vintage Motorcycle Club.

↓ In this newsletter you will find:

News from our September activities, trips & things to look forward to in October!



Line Dancing

SHOWING OFF OUR COWBOY MOVES

We had a 'Rootin Tootin' line dancing afternoon with our wonderful entertainer, Terry Gleed. Wearing our hats and a sheriff's badge or two we set about do-si-do ing and the staff couldn't resist joining in. There was lots of laughter from everyone, as the staff couldn't quite follow all the line dancing moves.



Autumn Art

EMBRACING THE NEW SEASON

With the arrival of Autumn, we started on some Autumn arts and crafts. Leaves were collected from the garden and the autumn-coloured paints were put on the art table.



Outings

WALKS, SHOPPING & HILARY'S HUT

As well as our regular walks, we took a longer walk and went into Staines to look around the shops.

We had a minibus outing to 'Hilary's Hut' a community get together at Christ Church Staines. We enjoyed tea and cake whilst meeting new people and we chatted with the Deputy Mayor and other councillors.



Reminiscence

A TRIP DOWN MEMORY LANE

There was a great deal of rain in the second half of September, so we spent an afternoon looking through a reminiscence box borrowed from Chertsey Museum. We chose the Handicraft and DIY box and as we looked through the box, many items brought back memories.



Nature

EXPLORING THE GREAT OUTDOORS

We went on a nature walk with Jayne and she helped us to identify the trees and plants. Later in the month we walked to the Lammas to see that the towpath, that we often walk along, was under water from all the rain we have had in September.

We kept watching the sunflowers growing through September and Jean was the winner with the tallest sunflower.



Games

STAYING DRY IN THE RAIN

There was so much rain in late September keeping us indoors, but we have lots of games we like to play.



Exercise

KEEPING ACTIVE

As well as playing several games of armchair football and balloon tennis, everyone was ready for Bernard's second visit and the Slow Yoga session. Bernard guides everyone through the gentle exercises and mindful breathing.



Bikers & Bacon Butties

MOTORCYCLE CLUB VISIT

We ended the month with a visit from members of the Vintage Motorcycle Club. We were all excited to see them and their amazing motorbikes; amongst them were Triumphs, a Velocette, Royal Enfield and Kawasaki. We had an unexpected visit from Ian with his Lambretta too. Seeing the motorcycles and talking with the club members brought back so many memories for our residents, and everyone enjoyed tea, coffee and bacon butties in the warm Autumn sunshine.



TO COME...OCTOBER 2024

- 01 OCTOBER - TRIP - SHOPPING IN STAINES
- 02 OCTOBER - MOOR TEAS COMMUNITY EVENT
- 09 OCTOBER - ELVIS AFTERNOON
- 10 OCTOBER - SPANISH THEMED AFTERNOON
- 14 OCTOBER - SLOW YOGA
- 15 OCTOBER - GREAT MOOR HOUSE BAKE OFF
- 21 OCTOBER - APPLE TASTING
- 22 OCTOBER - MUSICAL ENTERTAINMENT
- 28 OCTOBER - REMINISCENCE AFTERNOON
- 29 OCTOBER - MUSICAL ENTERTAINMENT
- 30 OCTOBER - MOOR TEAS COMMUNITY EVENT
- 31 OCTOBER - KEEP DANCING DANCE CLASS