



AUGUST 2024

Monthly Newsletter

HOME UPDATE



August was a busy and varied month at Moor House. We celebrated two very special birthdays with two amazing ladies! Now 100 and 102 years young! Everyone enjoyed being part of their special days.

We had several outings with the walk to our local, The Bells Pub, being the most popular.

There were so many opportunities for reminiscence, from cookery with Tania, a 'what's this' session with Carol, Laurel and Hardy films and our Beach Day in the garden.

↓ In this newsletter you will find:

News from our August activities, trips & things to look forward to in September!



Nature

MAKING THE MOST OF THE OUTDOORS

With the lovely warm sunshine for so much of August, we have been out appreciating nature. We walked to The Lammas Park to feed the ducks and swans on the river. We have watched our veggies growing and picked the tomatoes for our salads, and for the first time we had figs from our own fig tree which Sally added to the goat's cheese and veggie tart. Delicious!

Residents' sunflowers are growing well, and the competition will continue for a couple more weeks. Residents have their names on the sunflowers, so they can keep an eye on their progress.



Outings

WALKS, NOTCUTT'S, SQUIRES & THE BELLS PUB

As well as our regular walks, we went to Notcutt's, Squires and The Bells Pub. We couldn't resist stopping for a photo with the giant teddy bear in Squires.

One sunny Tuesday we walked to our local, The Bells Pub. With staff and volunteer Sue we set off to the pub with a group of residents.



Scouts Visit

COMMUNITY ENGAGEMENT

Residents enjoyed meeting Oliver and Pablo, two scouts who spent the day with us at Moor House. They joined us on our morning walk, played Jenga, Carpet Bowls and Balloon Tennis with us.

Residents reminisced about their days in the scouts and asked Oliver and Pablo about all their badges they had earned and were wearing on their uniforms.



Beach Day

SUN & FUN AT MOOR HOUSE

Residents, staff and volunteers, dressed for the occasion, all had the best time at Moor House's own beach.



Exercise Time

KEEPING ACTIVE

On 19th August, we started Slow Yoga with Bernard. Slow Yoga is a gentle and soothing practice combining seated exercises and mindful breathing.



European Afternoons

TASTE OF FRANCE & ITALY

With it being holiday season we decided to have a French themed afternoon and an Italian themed afternoon. We had a quiz on our French afternoon and tastes of France with French cheeses, croissants and wine. Delicious!

Tania joined us for our Italian afternoon and residents made pizzas for everyone to eat at supper time. There was a lot of laughter as residents made pasta necklaces and staff modelled them.



Pets Corner

ANIMAL ADVENTURES

Residents met a new friend on one of our walks and everyone loves to see Poppy and Daisy when they visit.



Boris' Leaving Do

THANK YOU

Although Boris will still be part of the Moor House family on a "now and again" basis, it was only right that we had an "au revoir" party for him on his official last day with us. The residents wished him well with a good luck card which was presented to him along with another card signed by all the staff. We will all miss him but we know we'll be seeing him again soon. And he's leaving us in the capable hands of his successor Alan. Good luck Boris!



TO COME...SEPTEMBER 2024

02 SEPTEMBER - MUSICAL ENTERTAINMENT

03 SEPTEMBER - TRIP - WALK TO STAINES

05 SEPTEMBER - LINDA & TEDDY THE DOG

09 SEPTEMBER - MUSICAL ENTERTAINMENT

16 SEPTEMBER - SLOW YOGA

17 SEPTEMBER - COUNTRY & WESTERN AFTERNOON

18 SEPTEMBER - TRIP - CHRIST CHURCH

20 SEPTEMBER - SHARING PHOTOGRAPHS

23 SEPTEMBER - REMINISCENCE AFTERNOON

24 SEPTEMBER - ELVIS AFTERNOON

25 SEPTEMBER - BACON BUTTIES & BIKERS

29 SEPTEMBER - RON G'S BIRTHDAY

Follow us on Facebook @moorhousecare

WWW.MOORHOUSECARE.CO.UK